			ry 5th - April 2nd			
Program	Monday (12 weeks) No	Tuesday (13 weeks)	Wednesday (13 weeks)	Thursday (13 weeks)	Friday (12 weeks)	Saturday (12 weeks)
	9:00-9:45am	9:00-9:45am	(20 1100110)	9:00-9:45am	9:00-9:45am	9:00-9:45am
Parent & Tot * kids 1-3 yrs old, with adult	\$144	\$156		\$156	\$144	\$144
participation required	10:00-10:45am \$144	10:00-10:45am \$156		10:00-10:45am \$156	10:00-10:45am \$144	10:00-10:45am \$144
					11:00-11:45am \$144	
Transitional Preschool kids	this class is designed for k young for the Independent			1:00-2:00pm		
2-3 yrs old, parent participation required, transitioning to a Independent class Active Start	own, this transitional plan	will allow parent participa	ation at the start, working	\$201.50		
	9:00-10:00am	participation near the en 9:00-10:00am	1:15-2:15pm	9:00-10:00am	9:00-10:00am	9:00-10:00am
	\$186 10:15-11:15am	\$201.50 10:15-11:15am	\$201.50	\$201.50 10:15-11:15am	\$186 10:15-11:15am	\$186 10:15-11:15am
Preschool 3 -5 yrs *independent participation,	\$186	\$201.50		\$201.50	\$186	\$186 11:30am-12:30p
kids must be able to listen to coaches and particpate without adult assistance						\$186
						12:30-1:30pm \$186
						3:00-4:00pm \$186
Active Start Pre School 4-5 yrs	3:15-4:15pm \$186	3:15-4:15 \$201.50	3:00-4:00pm \$201.50	3:00-4:00pm \$201.50	3:00-4:00pm \$186	
	3:30-4:30pm \$186	4:30-5:30pm \$201.50	3:30-4:30pm \$201.50	3:15-4:15pm \$201.50	4:00-5:00pm \$186	
	4:15-5:15pm	\$201.50	4:30-5:30pm	4:15-5:15pm	\$100	
	\$186		\$201.50	\$201.50 4:30-5:30pm		
	3:00-4:30pm	3:00-4:00pm	3:00-4:30pm	\$201.50 3:30-5:00pm	3:00-4:30pm	9:00-10:00am
	\$276 4:30-6:00pm	\$201.50 4:00-5:00pm	\$299 4:45-6:15pm	\$299 5:00-6:30pm	\$276 4:45-6:15pm	\$186 10:15-11:15an
Co-ed Recreational	\$276 5:30-7:00pm	\$201.50 5:15-6:15pm	\$299 5:30-6:30pm	\$299 5:30-7:00pm	\$276 5:15-6:15pm	\$186 10:45am-12:15p
5-8 yrs	\$276	\$201.50	5:30-6:30pm \$201.50	\$299	5:15-6:15pm \$186	\$276
(60 min & 90 min classes)	6:15-7:45pm \$276	6:30-8:00pm \$299		5:45-6:45pm \$201.50		12:30-2:00pm \$276
						1:30-3:00pm \$276
						2:15-3:45pm \$276
Recreational Boys Only 7-10 yrs			3:00-4:30pm \$299			
	4:30-6:00pm	3:00-4:00pm	5:30-7:00pm	3:00-4:30pm	3:00-4:30pm	
Co-ed Recreational 9-13 yrs	\$276 6:15-7:45pm	\$201.50 5:15-6:15pm	\$299 6:15-7:45pm	\$299 4:30-6:00pm	\$276 4:45-6:15pm	
(60 min & 90 min classes)	\$276	\$201.50 6:30-8:00pm	\$299	\$299 6:00-7:30pm	\$276	
Co-ed Recreational	7:00-8:30pm	\$299		\$299		
13-16 yrs	\$276	3:00-4:30pm		3:00-4:30pm	3:00-4:30pm	
		\$299		\$299	\$276	
		4:30-6:00nm		\$250	V2.7 0	
Advanced Recreational 5-7 yrs			that have had gymnastic	4:30-6:00pm \$299	4:30-6:00pm \$276 as been in at least 2 s	
	Coaches evaluate a gymnastics development Roundoff, Bridge Left/Right/Middle splits	\$299 d towards participants thlete suitability for cla they will be withdrawn e (shoulders over wrist) c (complete or working)	sses on an ongoing basis	4:30-6:00pm \$299 Is experience before (h s. If coaches feel there nave: Handstand on flo par, Beat swings on bar tle to follow detailed in	4:30-6:00pm \$276 as been in at least 2 s are options better sui or, Cartwheel on floor , Pullover, Handstand structions on techniq	ted to your child's r, Handstand to Brid on low beam, ue and progression
5-7 yrs (please note this is a 90	Coaches evaluate a gymnastics development Roundoff, Bridge Left/Right/Middle splits	\$299 d towards participants thlete suitability for cla they will be withdrawn e (shoulders over wrist) c (complete or working)	sses on an ongoing basis . Skills that they should h , 3 chin ups, Lift toes to b to complete). Must be ab	4:30-6:00pm \$299 Is experience before (h s. If coaches feel there nave: Handstand on flo par, Beat swings on bar tle to follow detailed in	4:30-6:00pm \$276 as been in at least 2 s are options better sui or, Cartwheel on floor , Pullover, Handstand structions on techniq	ted to your child's r, Handstand to Brid on low beam, ue and progression
5-7 yrs (please note this is a 90	Coaches evaluate a gymnastics development Roundoff, Bridge Left/Right/Middle splits Ability to for the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam,Left/Right/Mi	\$299 d towards participants thiete suitability for clathey will be withdrawn (should be shifted to some they will be withdrawn (should be shifted to some they will be withdrawn they will be wil	sses on an ongoing basis . Skills that they should 1, 3 chin ups, Lift toes to b to complete). Must be ab are unsure if you child m 3:00-5:00pm \$357.50 that have had gymnastic sses on an ongoing basis	4:30-6:00pm \$299 Is experience before (h If coaches feel there ave: Handstand on flo par, Beat swings on bar le to follow detailed in eets these requiremen 5:30-7:30pm \$357.50 Is experience before (h If coaches feel there ave: Handstand on flo thandspring off trampy r, Back hip circle (wor Must be able to follow	4:30-6:00pm \$276 as been in at least 2 s are options better sui or, Cartwheel on floor , Pullover, Handstand structions on techniq ts, talk to their curren \$3:15-5:15pm \$3:30 5:15-7:17pm \$3:30 as been in at least 2 s are options better sui or, Cartwheel on floor floor, Climb half was ting or acquired), Hat detailed instructions of	ted to your child's , Handstand to Bric on low beam, ue and progression t coach. essions at Chimo), ted to your child's , Handstand to Bric up Rope, 3 chin ups dastand on medium on technique and
5-7 yrs (please note this is a 90 minute class)	Coaches evaluate a gymnastics development Roundoff, Bridge Left/Right/Middle splits Ability to for the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam,Left/Right/Mi	d towards participants thete suitability for cla they will be withdrawn (shoulders over wrist); (complete or working to cous is required. If you says to be says to b	sses on an ongoing basis . Skills that they should I . 3 chin ups, Lift toes to b to complete). Must be ab are unsure if you child m 3:00-5:00pm \$357.50 that have had gymnastic sses on an ongoing basis Lock off Trampoline, Front hat swings on bar, Pullow or working to complete). Lif you are unsure if you of 6:30-8:30pm	4:30-6:00pm \$299 s experience before (h . If coaches feel there ave: Handstand on flo ara, Beat swings on bar le to follow detailed in eets these requiremen 5:30-7:30pm \$357.50 s experience before (h s. If coaches feel there lawe: Handstand on flo thandspring off trampy er, Back hip circle (wor Must be able to follow child meets these requi	4:30-6:00pm \$276 as been in at least 2 s are options better sui or, Cartwheel on floor , Pullover, Handstand structions on techniq ts, talk to their curren \$3:15-5:15pm \$3:30 5:15-7:17pm \$3:30 as been in at least 2 s are options better sui or, Cartwheel on floor floor, Climb half was ting or acquired), Hat detailed instructions of	ted to your child's , Handstand to Bric on low beam, ue and progression t coach. essions at Chimo), ted to your child's , Handstand to Bric up Rope, 3 chin up; dastand on mediun on technique and
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5-7 yrs (please note this is a 90 minute class)	Coaches evaluate a gymnastics development Roundoff, Bridge Left/Right/Middle splits Ability to for Ability to for Ability to for Ability to for Coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/Miprogressions. Ability and the Ability Abilit	\$299 d towards participants thiete suitability for cla they will be withdrawn (shoulders over wrist) (complete or working to cous is required. If you a \$357.50 d towards participants the suitability for cla they will be withdrawn ldds over wrist), Front to bar, Hanging leg lift, Be ddle splits (complete or lity to focus is required. 6:30-8:30pm \$357.50 d towards participants thiete suitability for cla they will be withdrawn ldds over wrist), Front to bar, Hanging leg lift, Be ddle splits (complete or lity to focus is required. 6:30-8:30pm \$357.50	sses on an ongoing basis. Skills that they should 1 3: 00-5:00pm \$3:00-5:00pm \$357.50 that have had gymnastic sses on an ongoing basis. Skills that they should 1 ick off Trampoline, Front at swings on bar, Pullow r working to complete). If you are unsure if you child may be a seen an ongoing basis. Skills that they should 1 ick off Trampoline, Front at swings on bar, Pullow r working to complete). Signal and they should 1 ick off Trampoline, Front at swings on bar, Pullow or working to complete) is signal at swings on bar, Pullow or working to complete) is is required. If you are u	4:30-6:00pm \$299 s experience before (h . If coaches feel there ave: Handstand on flo bar, Beat swings on bar le to follow detailed in eets these requiremen 5:30-7:30pm \$357.50 s experience before (h . If coaches feel there ave: Handstand on flo thandspring off tramp, r, Back hip circel (wor dust be able to follow child meets these requiremen 6:30-8:30pm \$357.50 s experience before (h circle (wor child meets these requiremen 6:30-8:30pm \$357.50 s experience before (h circle (wor child meets these requiremen 6:30-8:30pm \$357.50 s experience before (h circle (wor child meets these requiremen graph (m) graph (m) graph graph	4:30-6:00pm \$276 as been in at least 2 s are options better sui or, Cartwheel on floor Pullover, Handstand structions on techniq ts, talk to their curren 3:15-5:15pm \$330 5:15-7:17pm \$330 as been in at least 2 s are options better sui or, Cartwheel on floor floor, Climb half way king or acquired), Har detailed instructions of irements, talk to their uncertainty to their line or continue to the continue or floor, Climb half way king or acquired), Har detailed instructions of floor, Climb half way king or acquired), Har detailed instructions of	essions at Chimo). essions at Chimo). ted to your child's essions at Chimo). ted to your child's , Handstand to Bric on technique and current coach.
5-7 yrs (please note this is a 90 minute class) Advanced Recreational 8-11 years	Coaches evaluate a gymnastics development Roundoff, Bridge Left/Right/Middle splits Ability to for Ability to for Ability to for Ability to for Coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/Miprogressions. Ability and the Ability Abilit	\$299 d towards participants thiete suitability for cla they will be withdrawn (shoulders over wrist) (complete or working to cous is required. If you a \$357.50 d towards participants the suitability for cla they will be withdrawn ldds over wrist), Front to bar, Hanging leg lift, Be ddle splits (complete or lity to focus is required. 6:30-8:30pm \$357.50 d towards participants thiete suitability for cla they will be withdrawn ldds over wrist), Front to bar, Hanging leg lift, Be ddle splits (complete or lity to focus is required. 6:30-8:30pm \$357.50	sses on an ongoing basis. Skills that they should I 3 chin ups, Lift toes to to complete). Must be abare unsure if you child m 3:00-5:00pm \$357.50 that have had gymnastic sses on an ongoing basis. Skills that they should I huck off Trampoline, Front at swings on bar, Pullov or working to complete). I. If you are unsure if you child that have had gymnastic sses on an ongoing basis. Skills that they should the child that should be soon an ongoing basis. Skills that they should child that are unsure if you can be soon an ongoing basis. Skills that they should that swings on bar, Pullov or working to complete) in the start swings on bar, Pullov or working to complete) in the start swings on bar, Pullov or working to complete) in the start swings on bar, Pullov or working to complete) in the start swings on bar, Pullov or working to complete) in the start swings on bar, Pullov or working to complete) in the start swings on bar, Pullov or working to complete) in the start swings on bar, Pullov or working to complete) in the start swings on bar, Pullov or working to complete in the start swings on an an ongoing basis.	4:30-6:00pm \$299 s experience before (h . If coaches feel there ave: Handstand on flo bar, Beat swings on bar le to follow detailed in eets these requiremen 5:30-7:30pm \$357.50 s experience before (h . If coaches feel there ave: Handstand on flo thandspring off tramp, r, Back hip circel (wor dust be able to follow child meets these requiremen 6:30-8:30pm \$357.50 s experience before (h circle (wor child meets these requiremen 6:30-8:30pm \$357.50 s experience before (h circle (wor child meets these requiremen 6:30-8:30pm \$357.50 s experience before (h circle (wor child meets these requiremen graph (m) graph (m) graph graph	4:30-6:00pm \$276 as been in at least 2 s are options better sui or, Cartwheel on floor Pullover, Handstand structions on techniq ts, talk to their curren 3:15-5:15pm \$330 5:15-7:17pm \$330 as been in at least 2 s are options better sui or, Cartwheel on floor floor, Climb half way king or acquired), Har detailed instructions of irements, talk to their uncertainty to their line or continue to the continue or floor, Climb half way king or acquired), Har detailed instructions of floor, Climb half way king or acquired), Har detailed instructions of	essions at Chimo). essions at Chimo). ted to your child's essions at Chimo). ted to your child's , Handstand to Bric on technique and current coach.
5-7 yrs (please note this is a 90 minute class) Advanced Recreational 8-11 years Advanced Recreational 12+ years	Coaches evaluate a gymnastics development Roundoff, Bridge Left/Right/Middle splits Ability to for Ability to for Ability to for Coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions. Ability and the search of the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not the coaches evaluate a gymnastics development Roundoff (shot from fr	\$299 d towards participants the tes suitability for clathey will be withdrawn (should be spits (complete or working) (complete or w	sses on an ongoing basis . Skills that they should I . 3: ohin ups, Lift toes to b to complete). Must be ab are unsure if you child m 3:00-5:00pm \$357.50 that have had gymnastic sses on an ongoing basis . Skills that they should I uck off Trampoline, Front at swings on bar, Pullov working to complete). If you are unsure if you of the state	4:30-6:00pm \$299 Is experience before (h In Coaches feel there ave: Handstand on flo than, Beat swings on bar tle to follow detailed in eets these requiremen 5:30-7:30pm \$357.50 Is experience before (h In Coaches feel there ave: Handstand on flo thandspring off trampy Rack hip circle (wor Must be able to follow child meets these requ 6:30-8:30pm \$357.50 Is experience before (h In Coaches feel there ave: Handstand on flo thandspring off trampy Rack hip circle (wor Must be able to follow child meets these requ 6:30-8:30pm \$357.50 It coaches feel there ave: Handstand on flo thandspring off trampy R. Back hip circle (wor Must be able to follow insure if you child meet 7:30-8:30pm \$201.50	4:30-6:00pm \$276 as been in at least 2 s are options better sui or, Cartwheel on floor Pullover, Handstand structions on techniq ts, talk to their curren 3:15-5:15pm \$330 5:15-7:17pm \$330 as been in at least 2 s are options better sui or, Cartwheel on floor floor, Climb half way king or acquired), Har detailed instructions of irements, talk to their uncertainty to their line or continue to the continue or floor, Climb half way king or acquired), Har detailed instructions of floor, Climb half way king or acquired), Har detailed instructions of	essions at Chimo). essions at Chimo). ted to your child's essions at Chimo). ted to your child's , Handstand to Bric on technique and current coach.
Advanced Recreational 8- 11 years Advanced Recreational 8- 12+ years Adult Gymnastics Adults Can Move 55+	Coaches evaluate a gymnastics development Roundoff, Bridge Left/Right/Middle splits Ability to for Ability to for Ability to for Coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions. Ability progressions and not be ability beam, Left/Right/M progressions and not be coaches evaluate a gymnastics development Roundoff, Bridge (shot Jump from low to high beam, Left/Right/M progressions and not be class for ages 55+ looking class for ages 55+ looking	\$299 d towards participants the test suitability for clathey will be withdrawn (should be provided by the complete or working to cus is required. If you is sequired. If you is sequired by the complete of t	sses on an ongoing basis . Skills that they should I . 3: ohin ups, Lift toes to b to complete). Must be ab are unsure if you child m 3:00-5:00pm \$357.50 that have had gymnastic sses on an ongoing basis . Skills that they should I uck off Trampoline, Front at swings on bar, Pullov working to complete). If you are unsure if you of the state	4:30-6:00pm \$299 s experience before (h s. If coaches feel there ave: Handstand on flo bar, Beat swings on bar le to follow detailed in eets these requiremen 5:30-7:30pm \$357.50 s experience before (h s. If coaches feel there ave: Handstand on flo thandspring off trampy r, Back hip circle (wor Must be able to follow child meets these requ 6:30-8:30pm \$357.50 s experience before (h thandspring off trampy r, Back hip circle (wor Must be able to follow child meets these requ 1 thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow thandspring off trampy r, Back hip circle (wor Must be able to follow) thandspring off trampy r, Back hip circle (wor	4:30-6:00pm \$276 as been in at least 2 s are options better sui or, Cartwheel on floor Pullover, Handstand structions on techniq ts, talk to their curren 3:15-5:15pm \$330 5:15-7:17pm \$330 as been in at least 2 s are options better sui or, Cartwheel on floor floor, Climb half way king or acquired), Har detailed instructions of irements, talk to their uncertainty to their line or continue to the continue or floor, Climb half way king or acquired), Har detailed instructions of floor, Climb half way king or acquired), Har detailed instructions of	essions at Chimo). essions at Chimo). ted to your child's essions at Chimo). ted to your child's , Handstand to Bric on technique and current coach.
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Please note: Classes must have a minimum of 3 kids enrolled to run. Coaches evaluate athlete suitability for classes on an ongoing basis. If coaches feel there are options better suited to your child's gymnastics development you will be contacted and asked to change classes. There is a mandatory Gymnastics BC insurance fee of \$45 for all participants. This fee is good from September 1st, 2025 until August 31, 2026.